

Cardiac Catheterization Instructions
Florida Hospital South
(Cardiac Institute) 1st Floor of the Hospital
601 East Rollins St.
Orlando, FL 32804

Instructions:

- Nothing to eat or drink after midnight
- Take your medications with a sip of water on the morning of the procedure **EXCEPT** for any **DIABETIC** medications including **INSULIN**
- You should continue taking your aspirin unless otherwise directed by your physician
- Bring all your **MEDICATIONS** including vitamins and herbal supplements in the original containers to the hospital the day of your procedure
- If taking **COUMADIN**, **STOP TAKING** it 3 days prior to the procedure
- Last Dose of Coumadin on: _____
- Plan to spend at least 6 hours in the cath lab
- You will need a ride home and someone to stay with you overnight at home the day of the procedure
- You are **NOT** allowed to drive or lift anything heavier than 5 pounds for 2 days following the procedure
- **Please arrive 90 minutes prior to your procedure**
- Bring a change of clothes (just in case you are admitted to the hospital)
- Bring your **ID** and **insurance card** to the hospital
- There is **FREE** valet parking at the main entrance to the hospital