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PATIENT INSTRUCTIONS NUCLEAR STRESS TEST

- Have a light breakfast.
- **PLEASE BRING ALL MEDICATIONS WITH YOU!!!**
- No caffeine 12 hrs prior to your test. *(Including decaf coffee, coffee, tea, chocolate milk, decaf or regular soft drinks, energy drinks and some medications like Excedrin, Theophyllin.) **ONLY DRINK WATER, JUICE, OR PLAIN MILK***
- If you take a **Beta-Blocker** for your blood pressure (Toprol, Atenelol, Coreg, Tenormin, Lopressor, Metoprolol, Zebeta, Propranolol, Verapamil, Diltiazem), do not take it the evening before your appointment or on the day of your appointment. **NOTE: PLEASE TAKE ANY OTHER MEDICATIONS THAT HAVE BEEN PRESCRIBED TO YOU.**
- If you wear a Nitroglycerin patch do not wear it the day of the appointment.
- Wear comfortable and loose fitting clothes and walking shoes (SNEAKERS). Females may wear a button-down shirt. **Do not wear any upper body clothing that has metal buttons. NO BODY LOTION OR HAND CREAM.**
- Temperatures in the testing areas tend to be low. Please bring a light jacket.

NOTE: There will be a \$150.00 fee for appointments not cancelled without 24 hours notice. This fee is to cover the cost of the nuclear pharmaceutical, which cannot be reused or stored once delivered for your test.

Your test is scheduled for _____ at _____.

Patient Signature: _____ Date: _____.

Print Name: _____