

**CARDIACARE SERVICES, P.A.
SHIVANAND S. KARKAL, MD.
(407) 644-5544**

Procedure: TEE (TransEsophageal Echocardiogram)

INSTRUCTIONS:

- DO NOT EAT OR DRINK ANYTHING 8-10 hours prior to the procedure
 - Take your morning medications with a sip of water (**except** for Coumadin, Plavix, Aspirin, or other blood thinners)
 - Plan to stay in the recovery room for 30-90 minutes after the procedure
 - Please arrange for transportation on the day of the procedure. **YOU WILL NOT BE ABLE TO DRIVE YOURSELF HOME.**
 - Please bring a photo ID and your insurance cards.
 - Once you arrive to the hospital, please go to pre-registration (located in the main lobby) let them know that you are having a TEE; they will then guide you to the appropriate Echo department.
- ❖ **MAKE A FOLLOW UP APPT. WITH DR. KARKAL TO DISCUSS THE TEE RESULTS**